

The Fight Against Procrastination Begins. PC: Robert Killam

LONG NIGHT AGAINST PROCRASTINATION CATCHING UP WITH WHAT'S OVERDUE

TRUTH AND RECONCILIATION

page 2

Posters About The Call To Action Throughout Campus.

MY 60 MEMORABLE GAMES

page 5

One Of The Best Chess Players In History, Bobby Fischer.

INTRODUCTION TO ANTHROPOLOGY

page 6

Learn About One Of The Most Interesting Subjects On Campus.



Staff

- Editor-in-Chief**
Robert Killam III
eic@thequill.ca
- Assistant Editor-in-Chief**
Donnovan Hillman
- General Manager**
Elinor Murray
gm@thequill.ca
- Web Content Coordinator**
Emmanuel Madu
- Senior Reporter**
Alexandra Mackay
- Advice Column**
missq@thequill.ca
- Advertising**
advertising@thequill.ca

Contributors

- Darcie Cote, Anthony Labonte, Noah Monk, Jenna Murray, Valerie Sandy

The Quill is published weekly by The Quill, Inc., and is printed by The Killarney Guide in Killarney, MB.

NOTE: Editorials, letters, and viewpoint articles do not necessarily reflect the opinion of The Quill staff, The Quill, Inc., or the faculty, staff, or administration of Brandon University.

The Quill is a member of Canadian University Press (CUP), one of the world's largest student organizations, with a membership of over 70 student newspapers in Canada.

Advertisers wishing to buy space in both this newspaper and other CUP-affiliated newspapers should contact our multi-market ad representative:

FREE Media

11629 105th Avenue
Edmonton, AB T5H 0L9
Phone: 780-421-1000
advertising@free-media.ca

For online advertising inquiries, please contact:

Rouge Media Group
250 The Esplanade, The Keep
Toronto, ON M5A 1J2
Phone: 416-360-8120

Local advertisers can also contact us directly:

The Quill
270 18th Street
Brandon University
Brandon, MB R7A 6A9
Office: 204-727-9667
Fax: 204-571-0029

TRUTH AND RECONCILIATION POSTERS

Robert Killam, Editor-in-Chief

Truth and Reconciliation is a hot topic across Canada, for good reasons, and it makes sense that BU is doing its part to recognize the changes called upon by people across the country. You may pass some of the new permanent posters that are being hung up around campus. It's important to not only take note of them but try to remember what they stand for. These are signs to remind us of the atrocities committed and the work that still needs to be done. It is each and every one of our responsibilities to work towards reconciliation, cause even though you may not have directly caused it, you are still effected from it just because of its long last-

ing consequences.

The poster features the topics in the Calls to Action on education, highlighting some of the crucial ideas and most beneficial solutions. The Truth and Reconciliation Commission's final report is something I highly recommend all students read, especially if your hoping to go into any professional field of education. To find the full documents go check out the TRC website. Literally type "TRC" into Google you will discover the findings of the Commission there.

The poster itself is decorated with the artwork of Coast Salish artist Chad Leon. The first poster was hung up in the Music Office

on Friday and a ceremony quickly followed. Ceremony included smudging and prayer from Knowledge Keeper Debbie Huntinghawk and BU Interim President and Vice-Chancellor Dr. Steve Robinson.

Posters will be displayed prominently around campus as daily reminders of the work that needs to be continued and carried on through educational institutions. This is all in order to repair the damage done by the residential school system in Canada. The first thing to fixing a problem is realizing you have one.

With the TRC they found it and created the Call to Action. It is on each of us to see that these actions are carried out to the best of our abilities and the past is not forgotten.



TRC PC: Brandon University website

WOMEN'S COLLECTIVE PAINT NIGHT

Jenna Murray, Reporter

The Brandon University Women's Collective will be holding a paint night on Friday, November 23rd, at 7:00p.m. It is being held in Harvest Hall, and there will be a cash bar available. Tickets for the paint night are only \$25 because the Women's Collective is absorbing the rest of the cost for each participant. The artist leading the evening will be Kathleen Lagasse. Kathleen runs Lagasse's Studio of Fine Art in Souris MB and the picture being painted is the beautiful feather on the background of the poster for the event. Last year the Women's Collective held a paint night in Forbidden Flavours but decided to switch the location this year to get more people involved. The Women's Collective hopes by absorbing most of the cost for the paint night the event can be more inclusive. Because let's face it, we're all broke as hell. Paint nights are a fun

way to destress and come home with a beautiful piece of art and maybe drink some wine (or other beverage of choice). Not sure what you are going to get your parents/grandparents/significant other for Christmas? How about a piece of hand painted art! They don't need to know how inexpensive it was, they just need to know you painted it! The event is open to all BU students, staff, or larger Brandon community members. If tickets are still available at the door Friday if the event is not sold out. If you want to assure you have a spot, you can email buwomencollective@gmail.com to arrange picking up tickets earlier.

The Brandon University Women's Collective offers safer sex supplies, tampons and pads, and pregnancy tests to students for free. They also

sell Diva Cups for \$30. If you are in need/want of any of these supplies, feel free to email them! They also

offer a safe space on campus to any self-identifying women and have various resources available.

BRANDON UNIVERSITY
WOMEN'S COLLECTIVE
PRESENTS

WINE & PAINT NIGHT

Friday, November 23
7 - 9:30pm
Harvest Hall

cash bar available
\$25 a ticket, 60 spots available
email buwomencollective@gmail.com for tickets

Above image will be the subject for event
Art and Tutorial provided by Lagasse's Studio of Fine Art

PC: Women's Collective

VOLLEYBALL: BOBCATS VS DINOS

Robert Killam, Editor-in-Chief

Your Bobcats volleyball teams were at home this weekend, facing off with the University of Calgary Dinos. The games ended with some mixed results for the Bobcats, some matches ending with clean sweeps in favour of BU and others ending in being swept away. All in all, it was a good weekend for sports and the Bobcats put on a tough battle for each match up.

The women's team would lose both games on

the weekend, being swept away in some extremely tight matches on Friday losing 0-3, and losing 1-3 on Saturday with some equally intense games. The first night at home the Bobcats got off to a rough start with the Dinos losing the first set 16-25. This is understandable as the Dinos are the #1 nationally ranked team, however this did not falter the women's spirits. The Bobcats pushed hard in the next two sets and pushed the matches to 27-29 and 25-27.

Coach Lee Carter was impressed with the Bobcats defence and was happy with the blocks and digs that came out of the game, he thought with some minor improvements his team would take the next day by storm. Although the women did play better than Friday, the Bobcats were still unable to come away with the win. The leaders on Friday include Nikala Majewski with 18 kills and Shayne Nichols with 18 digs. Saturday's game once again showed why the #1 ranked team in the league would go on to an 8-0 record after the weekend. The Dinos had done extremely well with their serving against the Bobcats and it showed again on Saturday as they scored 13 aces alone. Although the Bobcats did take the

first set of the evening 25-23, the Dinos quickly found their rhythm and their hitting percentage went from a .067 in that first set to a .252 by the end of the evening. The Bobcats fought hard each set but lost 1-3 with their record slipping to 2-6. Bobcats players who stood out include Nikala Majewski again with the match high kills at 16, Michelle Egger who had a double-double contributing 10 kills and 11 digs and Caitlin Le who finished with 19 digs.

The men's volleyball team had a far different encounter with the Dinos compared to the women. The men won each set they played against the Dinos, with the scores ranging from 25-20 to 25-7. The Bobcats truly dominated this series with the Dinos and made quick work of their defence. The men are undefeated on home court this season! Friday night the men followed solid planning through with great execution. They served and passed well, helping the offence flow smoothly as the Bobcats cruised to victory. Brandon's hitting percentage was .568 compared to Calgary's .192. The Bobcats were lead on Friday by Elliot Viles who would score 16 kills, Robin Baghdadly with 11 kills and

Seth Friesen with 10 kills. Although the scoring was a bit better for the Dinos on Saturday, their men could not keep up with the Bobcats intensity. Elliot Viles had another amazing night, scoring again the highest number of kills with zero errors, something which is super impressive and rare when the rallies are moving at this speed. The Bobcats made half the errors as the Dinos and had double the blocks. The Bobcats often surged forward in their sets against the Dinos and after establishing a lead would maintain it for the rest of the match. Bobcats who played some big roles in the match up include Seth Friesen who had 9 kills and 3 blocks, Mason Metcalfe who had 6 kills and 6 blocks and Reece Dixon who delivered 29 assists.

WEEKLY SPORTS SCOREBOARD

U-SPORTS VOLLEYBALL	WESTERN HOCKEY LEAGUE
MEN 16 Nov 2018 BOBCATS VS DINOS 3 - 0	16 Nov 2018 WHEAT KINGS VS TIGERS 4 - 1
MEN 17 Nov 2018 BOBCATS VS DINOS 3 - 0	17 Nov 2018 WHEAT KINGS VS RAIDERS 0 - 6
WOMEN 16 Nov 2018 BOBCATS VS DINOS 0 - 3	CANADIAN FOOTBALL LEAGUE
WOMEN 17 Nov 2018 BOBCATS VS DINOS 1 - 3	18 Nov 2018 BLUE BOMBERS VS STAMPEDERS 14 - 22

BOBCATS FEMALE ATHLETE OF OCTOBER



Lauren Anderson is a forward for the Bobcats basketball team and is a strong and consistent player on and off the court. She has started a streak of 5 straight double-double performances and is sitting with some of the best players in the league in the multiple stat categories. This is just the information that comes from statistics, in reality she is an even larger asset to her team.

In the conference Lauren has a reputation to do it all out on the court, score, rebound, pass etc. She is constantly at the forefront with her teams top scorers and shows the crowd every night why she deserves to be recognized as an athlete of the month.

PC: Bobcats Website



PC: BU Bobcats



PC: BU Bobcats

HOME ALONE: THE CHRISTMAS MOVIE TO OWN

Donnovan Hillman, Expert Movie Reviewer

Home Alone is Christmas comedy film that was made all the way back in 1990. Yes indeed, that is a very long time ago. Did they even have Wi-Fi or cell phones back then? What about Netflix? Nonetheless they did have this gem of a film. Home Alone is a movie that gets watched and discussed every single Christmas season. To some families it's like a staple in their holiday tradition. Others, such as mine, even watch it when there's no snow on the ground to be found. Why my family likes to watch this particular film in the middle of July still alludes me. On the plus side I pretty much now every line throughout the film.

Home Alone was directed by Chris Columbus (no, not Christopher Columbus). The writer and producer of the film was John Hughes. Although there are

certainly a lot of characters in the film, the movie centers around Kevin McCallister, a young boy who gets left behind by his family for the holiday season, played by Macaulay Culkin. The film also features Joe Pesci as Harry, Daniel Stern as Marv, Catherine O'Hara as Kate McCallister and John Heard as Peter McCallister. Home Alone was the highest grossing live action comedy film throughout the entire United States from 1990 until 2011. It still is the highest grossing Christmas movie of all time in North America when inflation is taken into account. Due to the film's success four sequels were created and the second movie in the franchise, Home Alone 2: Lost in New York, had the same original cast as the first movie.

Home Alone opens with the McCallister family pre-

paring to leave Chicago for their holiday trip to Paris. Kevin does not get along well with his cousins, that are staying over at his house before the big trip, and his other siblings. After fighting with his older brother named Buzz, Kate sends Kevin up to his room for the night. Kevin responds by saying he wishes his family would just disappear. Due to a temporary power outage no one's alarm goes off and in a rush to get out the door to the airport the McCallister family forgets Kevin in his room. When Kevin awakes he finds his house empty and believes his dream has been fulfilled. However, he soon comes to fear the 'wet bandits', two criminals names Harry and Marv who are famous for breaking into people's homes and leaving the water running, who are planning to target the McCall-

ister household after they discover that Kevin is home alone. Meanwhile Kate realizes that she forgot Kevin and quickly discovers that all flights to Chicago are booked and can only get one as far as Scranton, Pennsylvania. Therefore, upon her arrival in Scranton Kate enlists the help of a traveling polka band to drive her all the way to Chicago. Back at the McCallister household Kevin discovers that Harry and Marv are going to attempt to rob his house on Christmas Eve. Therefore, he bobby traps his entire house and prepares for the inevitable theft attempt. Despite countless, and I do mean countless, injuries and failures the "wet bandits" refuse to give up and chase Kevin out of the house into a neighboring home that is vacant. However, they were unaware that Kevin had already called the authorities

and with some help from his neighbor Old Man Marley young Kevin successfully escapes and the police arrest Harry and Marv. In the end Kate, Peter and the rest of the family arrive back at home in Chicago to find Kevin. They are surprised to find the house in such disrepair and that Kevin actually went shopping for groceries. The movie closes out by Buzz yelling at Kevin for the mess he created in his room.

Home Alone is considered to be the Christmas movies of all Christmas movies by many, and for good reason. It has won countless awards and is still sought each holiday season. Although it's almost thirty years old it never fails to bring Christmas joy to all the families that watch it, every single year.

BRANDON UNIVERSITY FOUNDATION: TRIPLING DONATION SIZES

Robert Killam, Editor-in-Chief

Brandon University received its official university status just over 50 years ago, through the Brandon University Act. It was here when the BU as we know it today really started to take shape. The Education Building, the Western Manitoba Centennial Auditorium, McMaster Hall would not have taken place until this time and classes were not even held in the Brodie Building until 1971. The university has certainly been through a lot and seen some big changes, one can only be curious what the next 50 years will bring to this place.

Well I'm not saying you are going to have a major affect on this place the way creating the Health Studies building will, but there

is a way you can pay your piece into helping the university out. Through this year alone, from Oct. 12th, 2017- Oct. 12th, 2018, BU received over \$370,000 in donations. BU's Annual Fund tripled last years amount thanks to the generosity of the community and certain individuals. There were three gifts of \$50,000 each. One was from an anonymous gift, another from the BU's President's Advisory Committee and the third was a donation to the HLC from BU Board of Governors member Kerry Auriat.

Whether it was the 50th anniversary appeal or people were feeling just extra kind this year, more than 40 people donated for the first time, contributing

more than \$11,000.

"The funds so generously donated to the Brandon University Foundation will help us enhance our programs and services to students, increase scholarship and bursary support, and help fund our most important needs as they arise," said BU Interim President Dr. Robinson. "Your generosity goes a long way in improving the student experience for each and every one of our future graduates and leaders."

This next year BU is hoping to keep that kind of money flowing through the university to help with all its expenses. Since October when the first direct mail went out \$55,000 has been received.

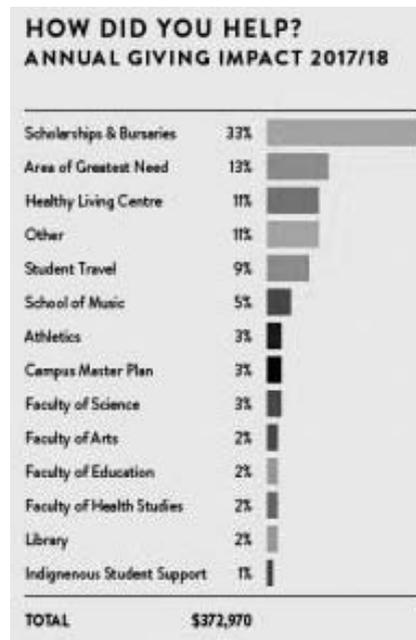
Now how does this

help/affect you as a student at BU? Well every dollar that goes into the school goes towards student travel opportunities, scholarships and bursaries, needs of the faculties and facilities.

"As tuition and government grants cover only so much, these additional contributions are greatly appreciated," says BU Development Officer Shawna English. "Our donors help Brandon University build on our foundation as an outstanding academic institution to create a bright future for our students and for all the wider community."

As students at BU, the expectation you donate at this point of your lives.. probably as

slim as your bank account size. However, one day, should you fall into or acquire a boat load of money, donating to the University is easy. You just mail, email, call or check out their site online at the Brandon University Foundation.



PC: BU Website



Dear Quintilius,

What should I name my guinea pig? He is a male, not very sociable and appears to do nothing besides nap and eat.

Sincerely, Names Are Hard

Dear Names,

Your initial description sounds like you are describing a boyfriend.

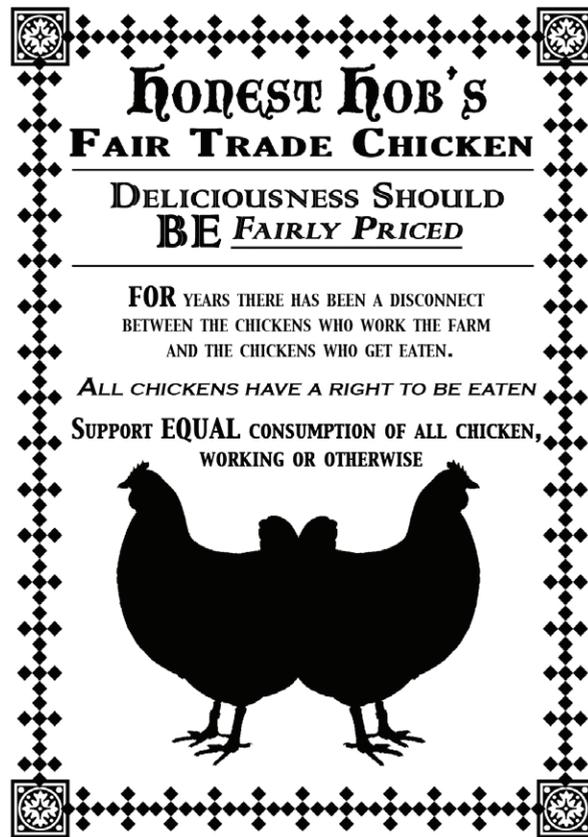
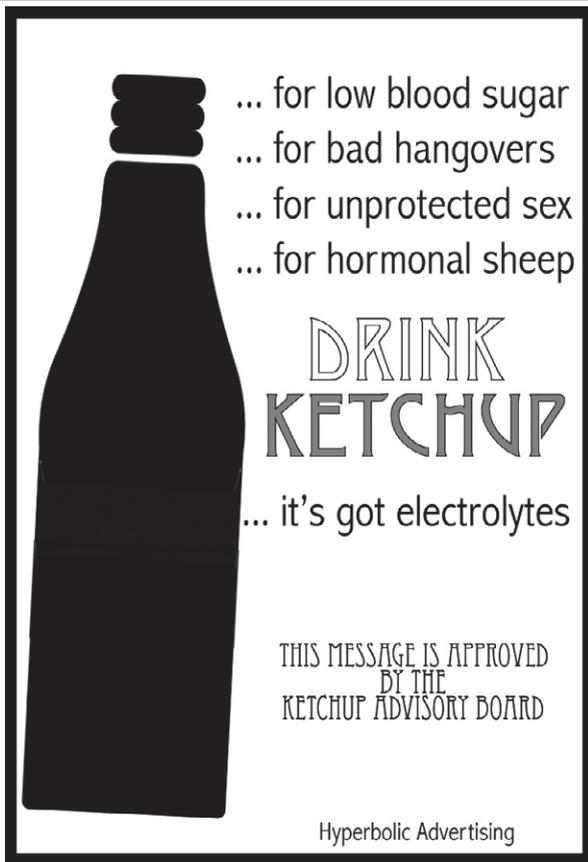
Well I guess depending on your intentions with this little fury creature, whether you decide to eat him right away or not, might I recommend some badass names. First of all would be (obviously) Romulus. You know the founder of the worlds greatest city and destroyer of brothers. I think Romulus would be a very strong name for your Guinea pig, maybe even perk him up now that he has a cool name. I was going to suggest Julius but he ends up with a bunch of blades in him and we don't want to forewarn the pet/meal of his future fate, too much foreshadowing.

Second name would be Octavian, the first true emperor of Rome. Now keeping that in mind to achieve this level of name your guinea pig would have to win a civil war and destroy Cleopatra. I know it's not impossible, seeing as it was done before, however it can be tedious and time consuming. Another requirement is the loss of an entire legion in the Teutoberg forest. Difficult ambush to pull off but if you know of any traitorous Germans, it can be far more achievable.

For the third name I'm going to suggest something a little less ancient Roman and more adorable. 'Guacamole'. Names of food or objects on living creatures are almost always just wonderful. Think of 'Socks' the cat or 'Pepper' the dog, 'Ground Beef' the legless cow. All super adorable names.

Now I know it may be difficult to choose one name but at the end of the day just remember, you are going to long outlive this animal any ways and really they don't speak english sooo... ya.

All Salute The Eternal City, Quintilius of Rome



BOBBY FISCHER: MY 60 MEMORABLE GAMES

Noah Monk, Reasonably Strong Chess Player

With the final match in world chess championship happening now as of Nov. 16, 2018, perhaps you are curious to who is the best chess player of all time. Well, that is not quite an easy answer, there is Capablanca, Fischer, Lasker, Kasparov etc. However, the best player, and possibly the most popular chess player of all time, Robert James (Bobby) Fischer (1943-2008) is probably the safest answer. At the time Fischer became the youngest chess grandmaster in history. He was 15 when he became a grandmaster. Fischer dropped out of high school at the age of 16. Despite being a high school drop out, Fischer's IQ score was

found to be 185-187, making him have one of the highest IQ scores of any person; in comparison Albert Einstein's IQ was 160.

In his book, My 60 Memorable Games, Fischer explains why he made the moves he did in his games. He gives objective, honest, and self-critical annotations on the games, he has won, drawn, and lost. This book is like if you were watching Leonardo Da Vinci painting the Mona Lisa with him explaining why he made certain strokes along with his interpretation of each stroke. When I was reading through the games, with his analysis of the moves, along with the strongest chess engine as of today, Stock-

fish; excluding Alpha Zero, most of his moves are exactly what the chess engine would have played, and the strength of Stockfish can easily beat the current top chess masters. So, Fischer, was playing extremely high-level chess long before the first chess computers even existed as well as long before the internet existed.

One of my personal favourite games from the book is game 17, Bobby Fischer versus the Magician from Riga, Mikhail Tal; Candidates Tournament, 1959, Sicilian Defence. Fischer did not win this game; however, his opponent was Tal, the greatest attacking grandmaster of all time and the youngest world cham-

pion at the time; 1960. Tal was the kind of player who would sacrifice a rook on a pawn just for something interesting to happen, and in this game, Fischer made some aggressive moves against the wrong player!

One does not have to be passionate, or serious about chess to see the beauty and artistic qualities of Fischer's chess games, nor must you have lots of chess knowledge to see the genius of Bobby Fischer himself. So, whip out your chess boards and immerse yourself into the mind of Fischer.



L.A. Bonté



@FilbertCartoons

BRANDON UNIVERSITY ABORIGINAL STUDENTS COLLECTIVE

Valerie Sandy & Darcie Cote, BUASC President and Treasurer

As another year gets on the way, that means Brandon University Collectives will be busy planning events and fundraisers for Students of Brandon University – One of the Collectives in particular, is Brandon University Aboriginal Student Collective. Thus far BUASC has been busy planning and organizing a fun filled roster of events that involve community and building relationships within our first term.

Brandon University Aboriginal Student Collective strives to provide support and enrich the social lives of Aboriginal students at Brandon University, while incorporating cultural diversity within the Brandon University community.

ANTHROPOLOGY CRASH COURSE

Alexandra Mackay, Anthro Warrior

I'll skip this article because I'm not even an Anthropology student, I've never even considered taking a class – it's not relevant to me. Let me ask: are you a human being? If you answered no, you're excused. If you answered yes, keep reading; I'll let you in on a little human secret. Content – information, facts, evidence – is the least important part of Anthropology. Although, yes, it uses the scientific method, the key to Anthropology is its perspective. It is a frame of reference for understanding the world beyond what people have told you. Anthropology is driven by the belief that in order for generalizations about human beings, whether characteristics of culture or biology, should be shown to be true of all places and times of human existence. If the generalization is found to not apply

On August 27th the council met for a Team Building, Leadership Workshop that lead into their 1st meeting on August 28th. The team has been working hard and is filled with passionate leaders who are interested in serving their communities. This year's Council includes – Valerie Sandy as President, Marisa Wood as Vice President, Darcie Cote as Treasurer, Chelsea Sinclair as Secretary, Brad Clearsky as Social Coordinator, Justine Hutcheson as Cultural Coordinator and our Student Rep is Allison Wood.

On September 21st starting at 4:00p.m. until 6:00p.m. right in the front of BU, BUASC hosted a "Back to School Powwow

Demonstration" with hot-dogs for purchase! Everyone was welcome, and the event ended with a good turnout. We also hold traditional skirt making sessions that run on Tuesday's from 11:00a.m.-1:00p.m., with supplies and guidance provided. A study group is held every Wednesday evening from 6:45 to 7:15p.m., with snacks and drinks. Both events are held in the Indigenous Peoples Centre.

To conclude this years and term events, we will be holding an Ugly Christ-

mas Sweater Party December 14th, 2018 at the Double Decker - Guinness Room. There will be prizes, silent auctions, games, and fun. You may see posters around campus but there are limited spots to this Christmas party. If you have any further questions, please do

not hesitate to message the collective email address for further information.

Concluding, don't forget to join our FB page to stay up to date with what we are up to around Campus!

See you in the IPC!



IPC Main room PC: BU Website

“WARNING: Side effects of studying Anthropology may include becoming more open minded.”

not be confirmed by future tests. This is true of any discipline, but Anthropology brings it to the forefront of thought as we are constantly reminded through the complex enigma that is being human.

Don't give up on us yet though, theories are not useless. And humans love making them because we have a tendency to attempt to make sense of the world. Essentially, anthropological theories encompass what is generally true of humans and how are they capable of varying. Necessarily, anthropology studies the widest range of people humanly possible to ensure that explanations are not restricted to only the culture from which the anthropol-

(as is the case with most) we should be skeptical about accepting it. Skepticism is our best defence against accepting inaccurate ideas about our fellow humans in the absence of valid evidence. With this perspective, it becomes clear that numerous specialities and disciplines are required to truly understand humans.

Understanding humans requires explanations that are tested and supported by evidence. But in Anthropology, even your understanding of evidence gets a reality check. Even with extensive testing and acceptance all knowledge, at its root, is uncertain and subject to re-evaluation as new tests and technology is developed. And although the scientific method requires us to be objective, it's impossible to be completely free of bias. Sure, we studied something objectively and found evi-

dence to support a hypothesis. But the way we studied it affected the results. And our motivations for studying it affected the results. Someone with a different approach and different motivations would likely get different results. So we will never find absolute truth (the limit does not exist).

Theories help a bit. We can create increasingly reliable understandings if theories are continuously revised and tested. But the concepts and ideas that theories address are not directly observable, so no theory can be proven. A theory may, however, suggest relationships or predications supported by new research. When a theory is supported, it is supported for the time being with available evidence that appears consistent. There is always a possibility that some implication or hypothesis will

ogy originates. Application of these theories on a global scale as well as in everyday life help avoid misunderstandings between people. They help us understand why a group of people might be different than us, giving less reason to denounce their behaviour just because we are unfamiliar with it. These theories help us understand that what's good for some may not be good for others to stop us from imposing our beliefs on them. In the end, anthropology helps us understand and accept our place in the biological and social world – as primates trying to live our best life.

RECIPE: CHRISTMAS CAKES

Donnovan Hillman, Assistant Editor-in-Chief

With every passing day the joyous and glorious holiday of Christmas comes ever closer. However, we certainly don't need to wait until December 25th to start Christmas baking! Although people bake quite heavily in during times of the year, such as Thanksgiving and Easter, Christmas always takes the top spot. Christmas baking can include an abundance of delicious and delicate treats with everything from cookies and muffins to pies and bars. While all these snacks are certainly savory it is the Christmas cakes that we all look forward to each and every holiday season. I have had the pleasure of enjoying two magnificent and delicious types of cakes for a number of Christmas seasons. Today I will share with you all the recipes of both the White Chocolate Raspberry Cheesecake and the Chocolate Lava Cake. Before I dive into each recipe I must address the issue of...fruit cake. This despicable and incredibly disgusting excuse for a Christmas cake is truly not worthy of the holiday season. I pity any of you that have had the unfortunate displeasure of tasting such a dish. Not only does fruit cake taste and look absolutely awful it is incredibly unhealthy. Just take a look at the fat or sugar content. Anyhow, these two Christmas cake recipes are far better than any fruit cake and will leave you wanting more Christmas magic.

The White Chocolate Raspberry Cheesecake is as good as the name suggests. While it does take a while to prepare the end result is astounding. White chocolate is good, paired with raspberry is even better but

combined in a cheesecake truly takes the top prize. This cheesecake will leave you wondering why Christmas isn't celebrated all year long.

White Chocolate Raspberry Cheesecake

Ingredients

1 cup of chocolate cookie crumbs
3 tablespoons of white sugar
¼ cup of melted butter
1 package or 10 ounces of frozen raspberries
2 tablespoons of white sugar
2 teaspoons of corn starch
½ cup of water
2 cups of white chocolate chips
½ cup of half-and-half cream
3 packages of cream cheese, softened
½ cup of white sugar
3 eggs
1 teaspoon of vanilla extract

Directions

In a medium to large bowl mix together the cookie crumbs, 3 tablespoons of white sugar and melted butter. Then proceed to press the mixture into the bottom of a 9-inch springform pan.

In a large pot combine the raspberries, 2 tablespoons of white sugar, corn starch and water. Bring the sauce to a boil and boil for 5 minutes.

Strain the sauce through a strainer to remove raspberry seeds.

Preheat oven to 325 F.

In a metal bowl over a pot of simmering water combine the white chocolate chips and half-and-half cream. Stir until melted and smooth.

In a large bowl mix together cream cheese and 1/2 cup of white sugar. Beat in

the eggs one at a time. Then blend in the melted chocolate mixture and the vanilla.

Pour half the batter onto the crust in the springform pan and then proceed to spoon 3 tablespoons of the raspberry sauce over the batter.

Pour the remaining cheesecake batter into the pan and then again spoon 3 tablespoons of raspberry sauce on top.

Bake for 60 minutes. Cool then proceed to cover in plastic wrap and refrigerate for 8 hours.

Serve with remaining raspberry sauce and enjoy.

One of the greatest things about Christmas baking is the amount of chocolate that is used. It truly is a chocolate lovers paradise during the holiday season. The Chocolate Lava Cake recipe proves itself to be the pinnacle of chocolate desserts, perfect for any Christmas gathering.

Chocolate Lava Cake

Ingredients

2 egg yolks
2 eggs
3 teaspoons of white sugar
3 ½ ounces of chopped dark chocolate
5 tablespoons of butter
4 teaspoons of unsweetened cocoa powder
3 tablespoons of flour
1 pinch of salt
1/8 teaspoon of vanilla extract

Directions

Grease the inside of 4 ramekins with butter and place them inside a casserole dish.

Whisk together the egg yolks, eggs and

white sugar in a large bowl until mixture is light yellow.

Melt dark chocolate and butter in microwave for 30 second intervals. Continue this for approximately 3 minutes. Then proceed to stir in the chocolate mixture with the egg mixture.

Sift cocoa powder then the flour and salt into the batter.

Stir the vanilla into the batter

Transfer batter into a tightly sealable plastic bag and snip one corner of the plastic bag to form a tip.

Divide the batter evenly into the 4 ramekins and refrigerate for 30 minutes.

Preheat oven to 425 F.

Arrange the ramekins in a casserole dish then proceed to pour hot water into the casserole dish until the water reaches halfway up

the sides of the ramekins.

Bake for 15 to 18 minutes. Cool for 18 minutes

Loosen the edges of the ramekin with a knife and place the cake inverted on a plate.

Dust with powdered sugar if desired and enjoy.

These two Christmas cake recipes highlight the joyous atmosphere that surrounds the holiday. Whether you're a cheesecake fan, a chocolate fan or both you'll find these recipes are well worth the extra preparation time as the end result is truly magnificent.

PARK AVE.

2506
SOUTHERN
AVE.

26TH STREET

25TH
ANNIVERSARY

REGENT CUSTOM
R CRESTING
& FRAMING

PHONE: 204-571-5400
E-MAIL: INFO@REGENTCC.CA
WEBSITE: WWW.REGENTCC.CA

QUILL CLASSIFIEDS AND NOTICES

We want you!

If you like to write, take pictures, or draw things, you should work for The Quill! We can offer a cool office to nap in and tuition rebates.

Email us at eic@thequill.ca!

Got something you want to sell? Looking for something to buy?

Students get **FREE** classified ads with The Quill!

Email us at eic@thequill.ca

Desks For Sale

Are you looking for a gently used desk? The Quill has some for sale! Stop by our office or email for more info!

*2nd Floor KDC
eic@thequill.ca*

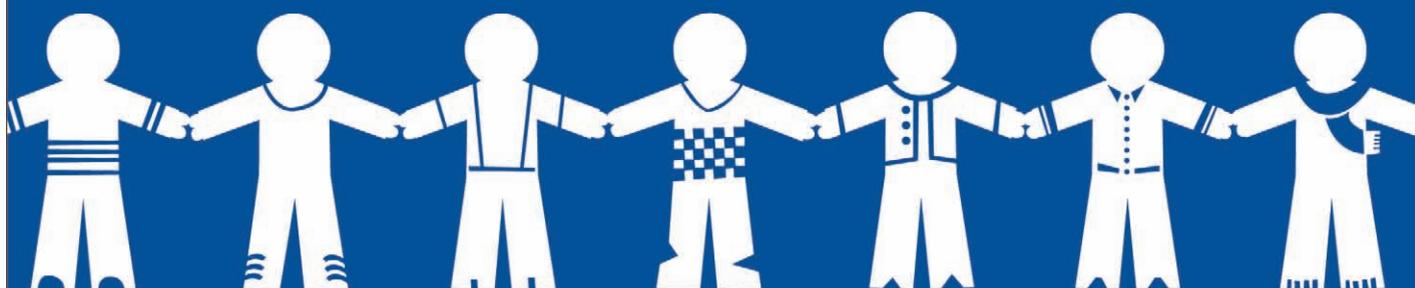


HERE, YOU WON'T JUST MAKE CONNECTIONS. YOU'LL BUILD RELATIONSHIPS

Looking to be part of a dynamic, professional and approachable team? BDO is all about building long-term relationships and we're continually fostering new ones. After all, our entire reputation is built on our people.

Visit BDO.ca/careers for more details.

BDO. MORE THAN YOU THINK.



Assurance | Accounting | Tax | Advisory
www.bdo.ca

BDO Canada LLP, a Canadian limited liability partnership, is a member of BDO International Limited, a UK company limited by guarantee, and forms part of the international BDO network of independent member firms. BDO is the brand name for the BDO network and for each of the BDO Member Firms.

