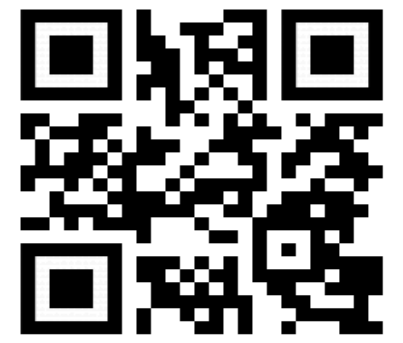


THE QUILL



VOL. 113 | ISSUE NO.15 | January 11, 2023

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Our last physical print issue was St. Patrick's Day 2020. Though, it was never distributed The Quill is back in print after two and a half years.

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Head to the campus library gathering space on January 12th where a former chancellor from is launching their book in Brandon. The event takes place from 2:30-3:30 pm at the John E. Robbins Library Gathering Space. It is completely free!

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BUSU is back with everyone else for the winter semester of 2023. They are here to help students with a lot of access to resources.

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Photo Credit: Ronnie Kayla Neiman

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THE QUILL IS BACK IN PRINT!

By Ronnie Kayla Neiman, Editor-in-Chief

After two and a half very long years, The Quill is back distributing physical print issues every other week. For the past few years, we have been mainly uploading our articles to The Quill's website (thequill.ca) since the COVID-19 pandemic took off and the university shut down in-person aspects of classes and other resources. The Quill did the same. Our last physical print issue was St. Patricks Day 2020. Though, it was never distrib-

uted due to the campus having been shut down a few days prior. We have done our best to keep the student population informed through the past few years, though with limited events taking place, it was somewhat difficult. Instead The Quill started to focus on student resources, media releases from various sources and TV/Movie reviews. These will continue as we go back to printing the newspaper, but we will get more of a study break section going once again, with puzzles, comic strips

and other fun articles.

Thank you to everyone who continued to read the Quill while we were exclusively online and thank you to any new and returning readers of The Quill.

If you would like to contribute to The Quill while you are a student in any way, as a reporter, a photographer, an artist, a puzzle maker, then be sure to contact us! We look forward to anyone joining our team!



SUPPORT CHANGES EVERYTHING!

Winnipeg, MB, January 3, 2023

► **T**his January, during Alzheimer’s Awareness Month, the Alzheimer Society is creating awareness about the many resources available to help support families as they face the challenges of living with dementia.

With more than 18,400 Manitobans living with dementia today, a number expected to reach 39,100 by 2050, the Society continues to enhance support for families impacted by dementia and meet their needs early in, and throughout, their journey. Their First Link® program connects people living with dementia and their care partners with community, support, knowledge and expertise so they don’t have to face dementia alone. “Whether it’s before, during or after a diagnosis, the Alzheimer Society is the first place you can turn,” says Erin Crawford, Program Director, Alzheimer Society of Manitoba. “The Society gives you access to dementia-friendly expertise and resources and connects you with a community of people who understand what you’re going through.”

When Marcel Hebert’s wife Ida was diagnosed with frontotemporal dementia at 55, the couple was shocked and overwhelmed. The First Link® program connected Marcel with information about Ida’s type of dementia and to a care partner support group where he met and received support from others in a similar situation. Learn more about Marcel and Ida’s story through this video. “I didn’t think someone as young as Ida could be diagnosed with dementia. I thought it was something only older adults could get,” says Hebert. “It was such a relief to speak with someone from the Alzheimer Society, she gave us the guidance we needed. And the support I received from my care partner group changed everything for me.” The goal of the Alzheimer Society’s First Link® program is to ensure that people living with dementia and their care partners have the proper support and information from the moment they notice the first signs of dementia and throughout the progression of the disease.

“The more help and support we give now, the better our province will be at caring for the rising cases of dementia expected to come,” says Crawford.

to learn more or get connected to support, contact your local Alzheimer Society today at 204-943-6622 (Winnipeg), 1-800-378-6699 (Provincial) or visit www.alzheimer.mb.ca/alzheimers-awareness-month

Follow the Alzheimer Society throughout January to see more stories like Marcel’s and hear from Manitobans impacted by dementia about how the support they received from the Society has made all the difference.

Founded over 35 years ago, the Alzheimer Society of Manitoba exists so all Manitobans affected by dementia receive the help they need today and have hope for the future. As a province-wide organization, the Society seeks to achieve its mission through community awareness; individual, family and professional education; support programs and research funding. Visit alzheimer.mb.ca for more information.

Quick facts National Statistics

- Today, more than half a million Canadians are living with dementia, including Alzheimer’s disease.
- By the year 2050, more than 1.7 million people in Canada will be living with dementia.
- Care partners for people with dementia provide an average 26 hours of caregiving per week compared to 17 hours per week for seniors with other health issues (coming from data out of the Canadian Institute for Health Information (CIHI)). Data from the CIHI has shown that:
 - 45% of care partners providing care to people living with dementia exhibit symptoms of distress. This is twice the rate compared to care partners of older

adults with health conditions other than dementia (26%).
–21% of care partners feel unable to continue their caring activities due to stress

The Alzheimer Society

- Alzheimer Societies across Canada provide programs and support services for people with all forms of dementia, including Alzheimer’s disease, and their care partners.
- Alzheimer Societies across Canada provide caregivers and families with information, education and resources to help them support the person in their care who is living with dementia.
- The Alzheimer Society is a leading Canadian funder of dementia research. Since 1989, we have invested over \$70 million in grants and awards toward innovative dementia research through the Alzheimer Society Research Program, improving the quality of life for people with lived experience and bringing us closer to a future without Alzheimer’s disease and other dementias.
- The Alzheimer Society is a key partner in the development of Canada’s first national dementia strategy, which will enhance research efforts and ensure access to quality care and support for all Canadians affected by dementia,
- The Alzheimer Society is the organization behind First Link® and all the important services and supports it provides to those diagnosed with dementia across Canada.

Support Changes Everything

For people living with dementia, the Alzheimer Society is your first link to a network of support, knowledge and people ready to help.






Alzheimer Society
MANITOBA
Demence, Cerveau & Bien-Être

FIND SUPPORT

alzheimer.mb.ca



BOOK LAUNCH AT BRANDON UNIVERSITY

By Ronnie Kayla Neiman, Editor-in-Chief

Head to the campus library gathering space on January 12th where a former chancellor from is launching their book in Brandon. The event takes place from 2:30-3:30 pm at the John E. Robbins Library Gathering Space. It is completely free!

The former chancellor, Michael Decter has began his launch of the book; *Shadow Life*. it is intended to be the first book in what will become a trilogy.

It's the debut novel from Decter, a former Chancellor of Brandon University. *Shadow Life* is described as a taut, searching story of guilt, family secrets, and new love, perfect for fans of John Updike's *Rabbit Angstrom* series, Robertson Davies' *Deptford Trilogy* and Pat Conroy's *The Prince of Tides*.

Shadow Life was recently named one of the best Canadian fiction books of 2022.

The book follows Matthew Rice – a successful sixty-year-old Toronto politico who finds himself suddenly unmoored after serving jury duty on a devastating child murder case. A good book to analyze how humans are so easily unravelled especially to circumstances outside of our control.

Micheal Decter is a Harvard University graduate, Decter was awarded the Queen's Jubilee Medal in 2017 and the Order of Canada in 2004. He has written three non-fiction books on healthcare, three on investment, a memoir, and *Tales from the Back Room*, a collection of political stories. Decter has also written about health and healthcare in the *Literary Review of Canada*, contrib-

uted OpEd pieces to the *Toronto Star* and *The Globe & Mail*, and for several years he wrote a column for *Osprey Media*.

Born and raised in Winnipeg, Decter now lives in Toronto and is a dual citizen of Canada and Ireland. Decter served as BU Chancellor from 2013–2021.



Photo Credits: Brandon University Website



www.assiniboine.net

Assiniboine Community College and S.E.L. Housing Inc., an RTM (ready to move) home builder, have signed a Memorandum of Understanding (MOU) to enhance hands-on learning opportunities for students in the construction trades programs at Assiniboine—carpentry, electrical, and plumbing.

Over the duration of the programs, students will construct a single-family dwelling at the Len Evans Centre for Trades and Technology, located at the North Hill campus in Brandon.

ASSINIBOINE AND S.E.L. HOUSING INC. SIGN PARTNERSHIP

"Assiniboine values its partnerships with industry members to enrich learning experiences for students," said Kevin Poirier, Dean of Trades at Assiniboine. "This initiative will allow students to put their newly acquired skills to practice in a real-world application under the guidance of journey-person-certified instructors."

S.E.L. Housing Inc, a sister company to South End Lumber – Timber Mart, will provide house plans and building materials required to construct the project. In addition, labour performed by Assiniboine students will be appraised, and a donation will be made to an

S.E.L. fund to support trade programs at the college.

"We are proud of our long-standing roots in Manitoba," said Scott Norosky, President at S.E.L. Housing Inc. "Being able to provide a project that would enable students to gain valuable hands-on experience while also giving back to the community was an easy decision for us."

Following the conclusion of the trade programs each spring, the project will be transitioned to S.E.L. Housing for completion.



@FilbertCartoons

THE MENU: A DELICIOUS YET DISTURBING MOVIE

By Mallory Johnson, Assistant Editor-in-Chief

The Menu is a horror comedy movie that came out in November 2022, and I saw it in theatres with a friend; we experienced a range of emotions while watching it. The movie stars Anya Taylor-Joy (Split, The Queen’s Gambit), Ralph Fiennes (The Grand Budapest Hotel, The Constant Gardener), Nicholas Hoult (Warm Bodies, About a Boy), Hong Chau (Downsizing, Watchmen), and more. The film follows a rich couple who travel to a remote island to go to a very expensive, very fancy restaurant who experience more than they planned. Before I go any further, SPOILER ALERT. Also, trigger warnings for: suicide (graphic, more than once), discussion of sexual violence, murder, people getting burned alive, blood, gun violence, entrapment, a cult, gaslighting, discussion of past child abuse, addiction and alcoholism, a hostage situation throughout, drowning, cheating, jump scares, childhood trauma, self-harm, and general claustrophobia.

I was very pleasantly surprised by this movie! I had seen trailers and generally knew the plot, but I made an assumption that was very wrong beforehand (I had prepared myself for it but was not prepared for what had actually happened in the film). It is wild from start to finish, and is chock full of twists, turns, and social commentary. The movie

comments on social class and sex work particularly, fandom culture, and the violence that sex workers risk in their field. All the acting is great, but Anya Taylor-Joy really stole the show and did an outstanding performance as the bold main protagonist Margot. Margot was brave and stood up to the employees at the restaurant, which made me nervous and happy at the same time. I loved how the courses were described with text on the screen; it made me feel like I was watching a show like Chopped or MasterChef on the Food Network.

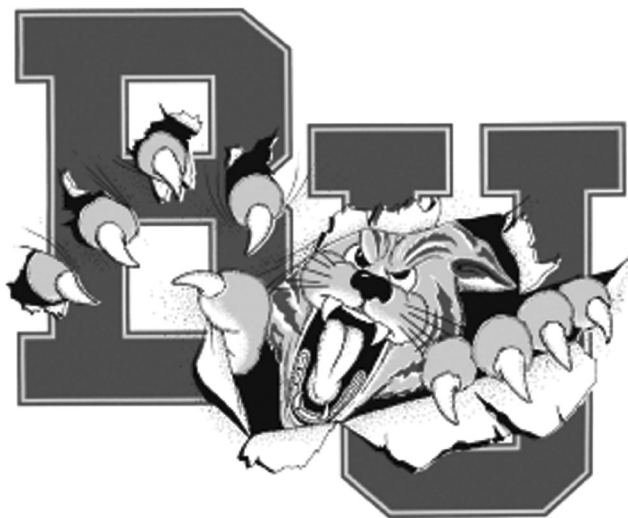
I am providing another SPOILER ALERT here because I will be discussing an aspect of the movie that is a MAJOR spoiler!

One part of the movie that has stuck with me is how Tyler, who is played by Nicholas Hoult, hired Margot, a sex worker, to go to this extravagant restaurant with him while he knew everybody at the restaurant would die. I kept thinking: he hired a sex worker to kill her (although he personally was not killing her himself, but still; it is horrifying to think about). Sex workers are forced to risk and experience brutal violence from their patrons because they are rarely (if ever) able to vet their prospective customers. The film does not make this comment through an intersectional lens, as Margot is a white, straight (passing) cisgender

woman, but the rates for violence for Black transgender women sex workers are concerningly high. The movie tackles this subject in a classy way, with the head chef subtly asking Margot privately if she enjoys doing her ‘services.’ At one point I whispered to my friend, “I know these two movies aren’t similar at all, but this is giving Midsommar.” Midsommar is a cult horror movie that is incredibly disturbing and brutal, but the cult connection reminded me of it.

Overall, I really enjoyed this movie and highly recommend it if you want a wild film for your next movie night. It is now streaming on Disney+ in Canada which is great! I give it a strong 10/10 and I cannot wait to watch more movies similar to this one.





ALUMNI NIGHT AT THE GAMES

brandonu.ca

The Westman Alumni Chapter invites you to Alumni Night with the Bobcats.

Friday, January 13th.

Catch up with your fellow Brandon University alumni as you cheer on the BU Bobcats Basketball teams as they defend their den against the University of Manitoba Bisons!

Join us for free pizza, refreshments and door prizes in the exclusive VIP area set up for BU alumni and guests!

Don't miss this networking opportunity to make new connections and new friends.

We all have BU in common, so come join the Bobcats' roar!

Women's game 6 p.m. | Men's game 8 p.m. | Healthy Living Centre

MANITOBA AG DAYS

When

January 17-19, 2023

Where

Venue: Keystone Centre, 1175 - 18th Street, Brandon, MB

More Info

WEBSITE



More About this Event

The **Manitoba AgDays** show is an exposition of agricultural production expertise, technology, and equipment that attracts exhibitors and visitors from across Canada and North Central United States.



A NEW SEMESTER; BUSU CONTINUES TO HELP STUDENTS

By Ronnie Kayla Neiman, Editor-in-Chief

Brandon University Student Union has been around for a long time. It has helped students at the university to access various resources in and around the university. As

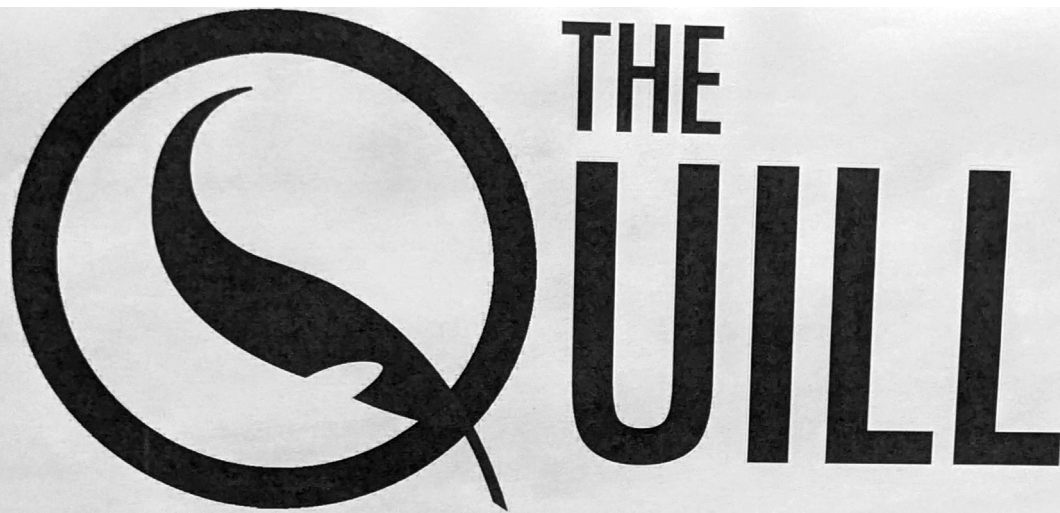
orientation for the winter semester began and classes started, BUSU was set up to greet students to give out help as needed. They give out information on the various resources and services that they can help to provide.

- tal
- Grocery Program
- ISIC
- Advocacy
- Space & Items
- Bookings
- Lost And Found
- Paw Pass
- U-Pass
- Housing
- Printing
- Gender Neutral
- Restroom Locations
- Travel & Conference Fund

You can just go to their website: busu.ca to find these resources, They link to other websites, including Brandon University's website. It is also a good place to access the Health and Dental Plan.

Some of these services include:

- Health And Den-



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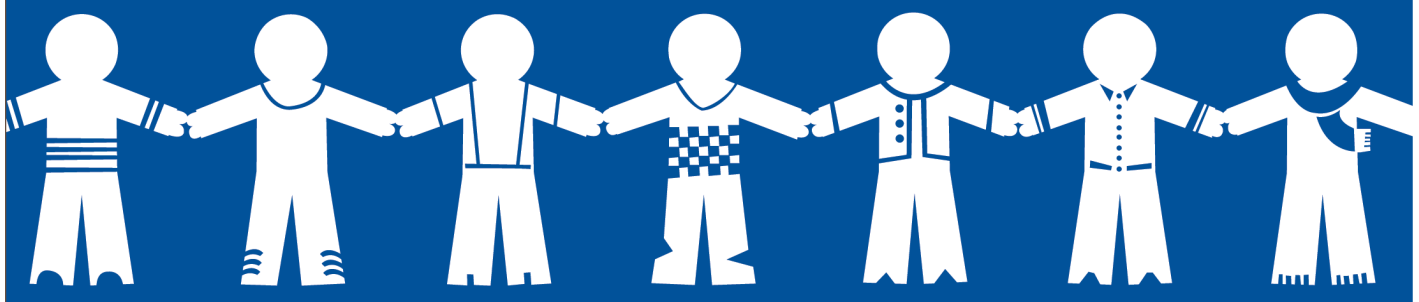
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