



VOL. 113 | ISSUE NO.19 | FEBRUARY 8, 2023

FINDING THE LOVE IN THE AIR SINCE 1910



Photo Credit: Pixabay

"A Happy Soul is the Best Shield for a Cruel World"

BUSU ELECTIONS UPCOMING! page 2

Run for a position in the BUSU council from Feb 6-15. Voting will take place from March 9-10. -Atticus

Ten Adorable Valentine's Day Date Ideas in Brandon page 3

Need some affordable, adorable, locally based Valentines date ideas? Check out this article!



Brandon Chamber Players presents new music from Marika Galea, centring around the idea of "home". THE

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News

BUSU ELECTIONS COMING UP!

By Ronnie Neiman, Editor-in-Chief

Run for a position in the BUSU council from Feb 6-15. Voting will take place from March 9-10. Why should someone run for a BUSU council position?

It allows you to be an advocate for students. To be the voice of the students rights and issues. It allows students to build a proud and amazing campus environment that everyone can be a part of at Brandon University. You can connect with other student leaders in order to build a community and to advocate for that student community. Be part of the student voice and the building of a stu-

There are numerous positions available.

dent community.

President

Vice President Engagement

Vice President Operations

Arts Director

Women's Director

Elin Rombo. Schedule of **Events**:

> February 7 4:00-5:15 PM - Welcome Session and Q&A with Elin Rombo (Room 2-02)

> February 9 5:15-7:00 PM - Masterclass: Acting the Aria (Lorne Watson Recital Hall)

February 9 7:30-9:00 PM - Opera

Science Director Racialized Director

Accessibility Director

Education Director

Music Director

Residence Director

Health Studies Director

Queer Director

International Director

Senate Position(s)

Indigenous Peoples' Director

Part-Time/Mature Director

Graduate Studies Director

LGBTTQ Collective Chair

Racialized Collective Chair

International Students Collective Chair

Lecturer-in-Residence

Workshop: Working with Text and Movement (Room 1-20)

February 11 7:30 PM – Pro Series Recital with Sharon Rogers, piano

February 12 1:30-4:00 PM - Masterclass/Workshop: Making an Art Song into a Play (Lorne Watson Recital Hall)

February 13 1:40-2:30 PM - Lecture: Performing Under Pressure (Room 2-02)

All lectures/ masterclass(s) take place in the School of Music. All are welcome to attend!

Gender Empowerment Collective Chair

Indigenous Peoples' Collective Chair

KDC Board Student-at-large (2x)

How can you run for a **BUSU** position?

First, get your information package at the BUSU office or online. Return your signed nomination package and start your campaign. Be sure to encourage students to vote for all positions!

Good luck to everyone to running for a position and a future thanks to all students who vote.

Photo Credit: brandonu.ca



ADORABLE VALENTINE'S TEN DATE IDEAS IN BRANDON Day

By Lily Hodgson, Reporter

isit T-Birds for some bowling or arcade games! Your Brandon University Paw Pass can get you a "sweet" deal on an hour and a half of bowling. Plus, if you visit the BUSU office, they sometimes have arcade coupons up for grabs!

Stay home, order takeout, and have a movie or game night. The Dock on Princess, Dominoes, and Papa John's are just a few of the places that offer Paw Pass discounts when you order delivery.

See a movie at Landmark Cinemas. Puss in Boots, anyone?

Have a mall date at the Shopper's Mall! Even if you aren't planning on shopping, who doesn't love people watching, window shopping, and eating delicious food court food?

Take a self-guided tour of the Daly House Museum. Full of fascinating

Assiniboine celebrates the rural

ssiniboine Community College Ahosted a celebration luncheon at its rural rotating Practical Nursing training site in Arborg today.

"Assiniboine's expansion of its Practical Nursing program in both permanent and rural rotating sites will allow more students to become certified in this high-demand healthcare occupation," said Advanced Education and Training Minister Sarah Guillemard. "Being able to attend training closer to home increases participation rates for rural students, which aligns with our government's Skills, Training and Knowledge Strategy, and also supports our commitment to add 400 new nursing seats to meet Manitoba's health sector needs."

The site welcomed its first intake of nursing students in January 2021, followed by a second intake in September 2022. Today, President Mark Frison visited the site for a celebration event attended by nursing students

antique artifacts and displays, it will transport you back to the 19th century - making it an absolute must-see for those interested in Brandon's history. Admission is well worth the price, at only \$5.

Take your Valentine out to Chez Angela Bakery for sandwiches, coffee, baked goods or even a delicious stone hearth pizza. As a bonus, you can get 25% off specific menu items with your Paw Pass!

Paint pottery at Fun Time Pottery! They have a wide variety of super-cute Valentine's Day-themed pieces to paint. You can get a Paw Pass discount here, too.

Visit the Art Gallery downtown. The best part? Entry is completely free! Af-



terwards, visit the gift shop to support some local artists.

Cook a homemade meal. At Co-Op Grocery Store, in addition to a \$5 off deal with your Student ID, \$15 food vouchers are available from the BUSU office every second Thursday. Pick up some ingredients and try a new recipe!

Go thrifting! MCC Thrift, Plato's Closet, Value Village, and Nearly New are just a few local thrift store options. Thrifting is a great and inexpensive date idea, and to add to the fun, you can pick silly outfits for each other and wear them out to dinner.

"Since 2010, Assiniboine has of-

fered the Practical Nursing program

over ten times in the Interlake-East-

Falls, and Arborg," said Marion Ellis,

ern region in Ashern, Selkirk, Pine

CEO of Interlake-Eastern Regional

college for continuing to host these

accessible nursing education oppor-

Practical Nursing is the largest

boine, with 100 per cent of graduates

viduals have graduated from nursing

single program of study at Assini-

surveyed reporting they had jobs.

Since 1975, more than 4,200 indi-

programs offered by the college.

Health Authority. "We thank the

tunities in our communities."

this month.

Nursing training site in Arborgrotating Practical ACC MEDIA RELEASE

and staff, Minister Derek Johnson, who is the MLA for Interlake-Gimli, and partners from the Town of Arborg and the Interlake-Eastern Health Regional Health Authority.

"Assiniboine continues to be responsive to Manitoba's labour market and support economic growth by meeting community needs. Our rural rotating Practical Nursing training sites answer the call on both of these priorities. I'm thrilled to be in Arborg today to celebrate a site that has trained and is currently training many nurses who will go on to work in this community and region," said Mark Frison, President at Assiniboine. "We thank our partners in community, healthcare and government for ensuring we can offer these training opportunities close to home for these nursing students.

The college held a grand opening of its Virden and Otterburne rural rotating locations in November, with a similar event held in Morden earlier

In addition to rural rotating sites, the college has permanent Practical Nursing programs at its campuses in Brandon, Winnipeg, Dauphin and Portage la Prairie.

FEATURES

THE VALUE OF BEING SINGLE ON VALENTINE'S DAY

By Mallory Johnson, Assistant Editor-in-Chief

y name is Mallory, and I will be single on Valentine's Day this year, once again. While Valentine's Day is a day all about romantic love, it is also a day to celebrate self-love, platonic love, familial love, and other kinds of love that are not romantic. Valentine's Day is also, in my opinion, quite heteronormative, so as a lesbian, it is necessary to make sure we are celebrating queer love in all its diverse forms. Being single on this day may not be ideal, but it allows you to spend more time (and money) on yourself, which is important. It also allows you to spend time with your friends; celebrate Galentine's Day! My V-Day plans are to go out for dinner and a scary movie (Knock at the Cabin) with my two best friends, and I am very excited. I plan to eat candy, laugh, and scream with them like we always do. I do not have to pay for an expensive, romantic dinner, or stress about getting my partner the best gift. I bought my friends cute, inexpensive gifts that I know they will love. To quote the amazing Miley Cyrus, "I can buy myself flowers," and listen to cheesy love songs and dance around my room by myself, which is something that I love doing. A benefit of being single on Valentine's Day is that you do not have to risk your lover having super high expectations for gifts/plans/etc. You get to set your own expectations and follow through



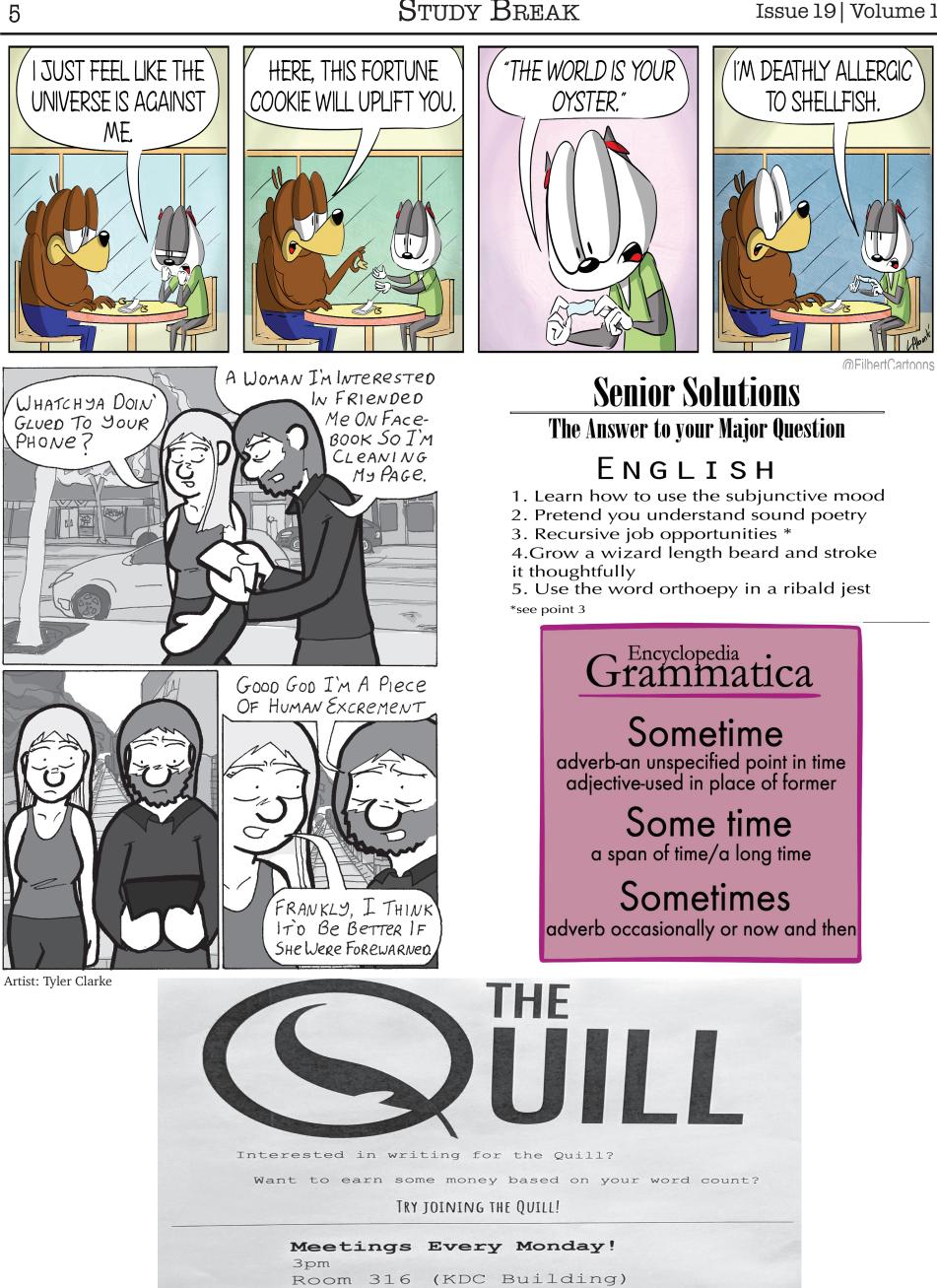
with your own plans. Always fight about what movie to watch? When you are single, you get to choose the movie night watchlist every time! I recommend cheesy chickflicks like the appropriately titled rom com Valentine's Day (which stars Taylor Swift and Taylor Lautner, amongst many, many others). Treating yourself to candy, good food, and maybe some tasty drinks is a wonderful way to spend the day. Galentine's Day is important because friends are important. It is vital to check in on your friends, and a great way to spend V-Day if your friends are also single or do not have other plans. Platonic love is just as wonderful as romantic love! Friends are there through thick and thin, and I am so grateful that I live so close to my two amazing friends.

Some single people may choose to go with a more "anti-Valentine's Day" approach. According to Google, Anti-V-Day Week starts on the 15th with a "Slap Day," and ends on the 21st with a breakup day. I do not condone slapping people or breakups just because of the day, but whatever makes you happy.

At the end of the day, self-love and self-care matters more than romantic love. Being single on Valentine's Day is perfectly okay and normal; it is better than feeling trapped in a relationship. Make sure even if you are in a relationship that you are taking care of yourself before the semester gets too crazy busy. Happy Valentine's Day to both single people, those in a complicated situation, and those who are in relationships!

STUDY BREAK

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BU Queer Bingo Event

Ft. House of Hex

Drag Bingo @ Brandon University's Bailey's Cafe

February 11, 2023 6:00 PM FREE ADMISSION



A Room in this House Featuring Claire Morrison

D randon Cham-**D**ber Players presents new music from Marika Galea, centring around the idea of "home". This concert is an exploration of the home we come from vs. the homes we build, our relationship with stillness considering lockdowns and the new travel paradigm, the sacred 'home' we all return to inside ourselves when everything else is up in the air, and whether as child of

distant migrations, home is ever a physical space at all – or an ever shifting feeling.

Featuring a few arrangements of Claire's original songs as well. The ensemble also features Jennifer Thiessen, Leanne Zacharias, Diogo Peixoto and Eric Platz.

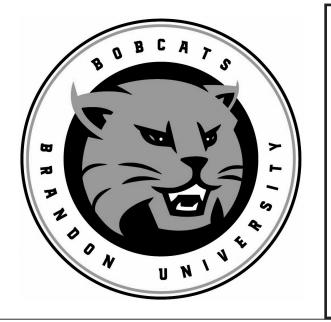
Tickets are \$40 (\$20 for students) and can be purchased at www. brandonchamberplayers.ca or by calling (204)727-9631.

Doors open at 7pm for a cash bar. Table seating of 4-8 people.

Seating arrangements are first come, first served. Coat room in foyer.

CONCERT LOCATION: The Firehall, 637 Princess Avenue.

Friday, February 10th @ 7:30 pm



BU Women's Basketball vs UNBC

Game start: February 10, 2023 6:00 pm

BU Men's Basketball vs UNBC

Game start: February 10, 2023 8:00 pm

WRITING VALENTINE'S CARDS

Who should you write Valentine's Day cards for? And what to write on them? Handing out Valentine's cards does not have to be only for your partner. It could also be a sign of platonic love, family love, and so much more. There is more love in the air than romantic love.

The most important part is figuring out a message to write on the cards. Back in the day, when you had to come up with a Valentine for everyone in your class, it was enough just to sign your name twenty times... and maybe tape on a heart-shaped sucker. But now that you're older and your Valentine's list is shorter, you can afford to take your time adding a meaningful, personal message to your card.

Some platonic sayings for Valentine's cards:

Thanks for being awesome in so many ways.

I'm so glad we can count on each other.

You're exactly what friends are for.

You make the world better.

It's a day about love, and I totally love you, friend!

Who says Valentine's Day is just for lovers? Annoying jerks, that's who.

Our friend-love is so important to me.

Soulmates aren't just a romantic thing. Thanks for being my friend

soulmate.

Thanks for being the loyal and caring friend you are. Love you!

Happy Valentine's to one of my favorite people. Ever.

Some romantic phrases for the **romance in your life:**

It's cool to be married to your best friend.

I like who I become when I'm with you.

You're the bright spot in my day, every day.

I love being with you no matter what we're doing.

We're so awesome together.

We've shared a lot of Valentine's Days, but it never gets boring loving you.

Thanks for putting up with me. Love you!

Every time I look in your eyes, I fall in love all over again.

You make this life thing pretty awesome.

You're my favorite part of every day.

Here are some funny Valentine's notes just because:

Don't look down here for the mushy stuff. That's what the card was for! Somebunny loves you. Seriously. You're very popular with rabbits.

Valentine's Day with you beats my best ever! (For the record, that was in third grade when a kid gave us all full-size candy bars.)

You're like the thing to my other thing that goes with that first thing! (I'm not great with words, obviously.)

Will you be wine? I love ya merlots.

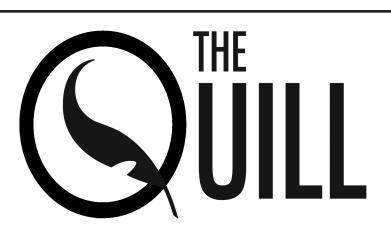
It's true like for sure.

Valentine, guess what? Love your butt!

When should we start roséing?

Wish you were here to Valenwhine with me. (Or you could write "Valenwine," depending on your mood!)





CLASSIFIEDS AND NOTICES

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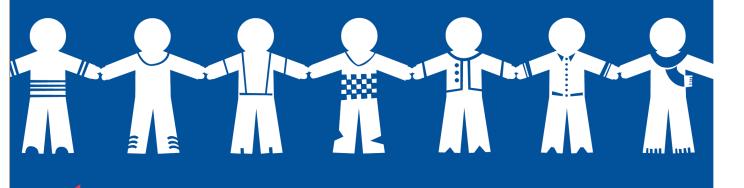


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